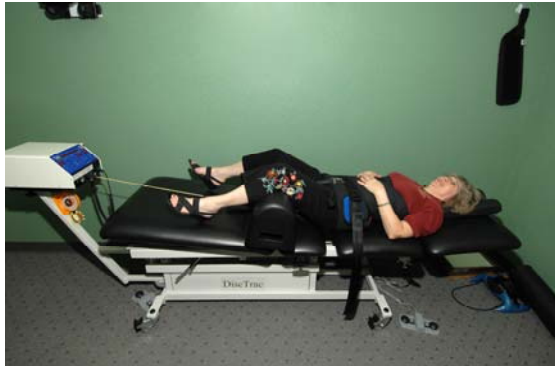


Spinal Decompression (Traction)



Non-surgical Spinal Decompression therapy was developed after NASA researchers discovered that astronauts returning from zero-gravity environments reported relief from their back pain. The antigravity effects of outer space literally "decompressed" the discs, creating a lasting change to the discs innermost tissues and fluids.

Biotechnology has made recent advances in spinal decompression (variable traction) which

has evolved into a cost-effective elective non-surgical treatment for herniated and degenerative spinal disc disease.

Back Pain is reported as being:

- The #1 cause for healthcare expenditures in the US.
- The #1 reason for doctor visits in the US
- The # 1 ailment cited in worker's compensation claims in the U.S.
- The #1 cause of employee absenteeism in the U.S.

2001 Viscogliosi Bros., LLC Spine Industry Analysis Series

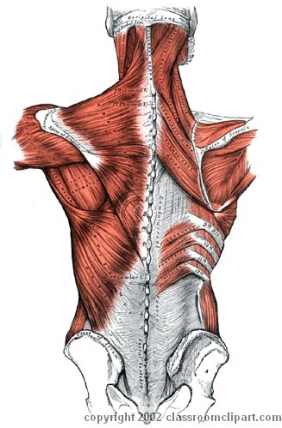
"Medicating the patients, just waiting until the disc has degenerated enough to extract it, costs the public millions of dollars."

Exercising without first correcting the structural imbalances will only cause further Failure. Physical therapy is a very beneficial tool, but if the spinal segments are not aligned **before therapy begins** then all you are doing is strengthening the muscles in an imbalanced position. Due to this reason, many individuals feel better while in therapy but shortly after quitting they are back to the way they were before therapy. It takes a physical act to move the vertebrae and decompress the disc. Early mechanical correction can save society millions.



Specifically Spinal decompression (variable traction) for herniated and degenerative spinal disc disease works on the affected spinal segment by significantly reducing intradiscal pressures. Our Spinal decompression table also has the added advantage of being able to address neck issues.

At **Argyle Family Chiropractic** we do not just address the alignment of the spine. We address all the components of that spinal segment- the vertebra, muscles, and nerves involved and any other connective tissues that are associated with that joint. In order to



make the results last, we do require you to do your part and help. This is done by following through with the stretches and exercises the doctor gives you to ensure the improvements are maintained. Neuromuscular re-education of the local tissue is a very important part of the process without this you are only getting a temporary fix. This is where we differ from many other chiropractic offices we address the other components involved with your injury.